

Children's Rights and Wellbeing Impact Assessment (CRWIA)

The UNCRC General Principles are overarching Articles that apply to all work with children under the age of 18 years old:

Article 2

All children have these rights no matter what.

Article 3

Everyone who works with children should always do what is best for each child.

Article 6

You have the right to life and to grow up to be healthy.

Article 12

Your right to say what you think should happen and be listened to.

In addition to the Articles above, Impact Arts has identified the following specific Articles as being of particular relevance to Impact Arts:

Article 13

Your right to freedom of expression

Article 15

Your right to meet with friends and join groups and clubs.

Article 19

Your right to not be harmed and to be looked after and kept safe.

Article 23

Your right to special care and support if you have a disability so that you can lead a full and independent life.

Article 24

Your right to good food and water and to see a doctor if you are ill.

Article 29

Your right to an education that develops your personality and talents.

Article 31

Your right to relax and play.



How Impact Arts' Work Impacts on Children's Rights

Impact Arts has the following positive impacts on children's rights:

Article 2

All children have these rights no matter what.

- Equality and diversity are considered when designing marketing materials and plans and when delivering activities to ensure they are inclusive.
- We use language appropriate for children of different ages and stages to ensure our marketing is inclusive.
- We proactively seek referrals from those groups who are disengaged from other services and offer support to remove potential barriers to participation.
- We offer a full training programme for staff to ensure they are empowered to support children's different needs.

Article 3

Everyone who works with children should always do what is best for each child.

- We always take a child centred approach to delivery.
- Everyone who works directly with children and young people are trained to support children in the best way possible, creating individual goal setting plans, tailored to each child's needs and aspirations.
- Our safeguarding procedures ensure children are at the heart of decision-making procedures and that children's safety always comes first.
- All staff are trained in our safeguarding procedures with quality support in place.

Article 6

You have the right to life and to grow up to be healthy.

- Individual plans are created for each child to ensure a person-centred approach is taken to support their development.
- Healthy eating opportunities are provided and opportunities to be active outdoors, engaging with nature
- We ensure children and young people are aware of and connected to appropriate health care providers that meet their needs.
- We aim to educate children and young people on healthy behaviours and wellbeing strategies that they can carry throughout their lives.
- We support the emotional resilience and mental wellbeing of all children we work with.
- We provide our staff with training that allows them to support children's mental wellbeing needs.

Article 12

Your right to say what you think should happen and be listened to.

- Children are involved in designing and shaping services, through our Sketchy Youths Steering Group and also through a range of surveys given to all participants – past and present.



- We utilise a range of feedback mechanisms (including some anonymised tools) to effectively capture children's voices.
- Children taking part in our projects are given space and time in each session to share ideas and learning and to openly feedback their views.
- One to one support is in place to give children the space to discuss their views and ideas freely so that staff can support them to engage successfully with peers in a group work setting.
- Relevant background information on children is sought at referral stage to ensure the appropriate support is in place for children.
- Creative outputs are shared so that others can learn from children's views and ideas.
- We respect children's views and understand different perspectives exist within group work.
- Children's voices are central to what we do and we advocate for children's rights and respect their choices.
- In art therapy, we support children to lead the art therapy process to fit with their own aims.

Articles specific to Impact Arts:

Article 13

Your right to have information.

- Full information on delivery of our projects is shared with participants so that they are clear on what they can expect from Impact Arts and what we expect from them in return.
- Discussions to raise awareness of Children's Rights are embedded into all delivery
- We value children's feedback and embed this within our reflection process.
- We inform children of their rights and information relevant to their situations so that they can make informed decisions about their lives.
- Children have the right to their creative work and access to the case notes we hold on them through our data protection policy.

Article 15

Your right to meet with friends and join groups and clubs.

- Children are provided with a safe and nurturing space to meet with others and to take part in creative activities
- Flexible models for engagement are built into to our project design e.g. virtual sessions, sessions running at different times of the day and times of the year, as well as face to face group sessions to remove barriers to taking part
- All Impact Arts projects are free to access, eliminating financial barriers to participation.
- We aim to be the best connectors – introducing children to a range of services that align with their interests and needs.
- We support children to build their confidence to participate in group work and to build peer networks.



Article 19

Your right not to be harmed and to be looked after and kept safe.

- Impact Arts has a dedicated Safeguarding Officer, responsible for supporting staff and overseeing organisational safeguarding
- All staff receive safeguarding training as part of their induction into the organisation and on a regular basis
- Impact Arts has a wide range of policies and procedures that are designed to ensure children & young people are protected and kept safe when engaging with our services
- We connect with other professionals to ensure children are protected within their communities.

Article 23

Your right to special care and support if you have a disability so that you can lead a full and independent life.

- We offer a full training programme for staff to ensure they are empowered to support those with disabilities.
- We empower children with disabilities to take positive steps to independent living.
- We recognise where other professionals can provide alternative expertise and signpost to them to help disabled children remove barriers and to advocate for their rights.
- We aim to provide an inclusive environment for all our projects and seek out accessible venues.

Article 24

Your right to good food and water and to see a doctor if you are ill.

- Our team are trained to recognise where needs exist and to put appropriate healthcare referrals in place to support children to access the support they need.
- We build participant expenses into project budgets so that we can offer healthy snacks and meals to alleviate the effects of food poverty and we make referrals to food banks when required.
- We are aware of cultural sensitivities around food and respond accordingly.

Article 29

Your right to become the best that you can be.

- All Impact Arts activities are free to attend and all resources required are provided for children, including food, travel and art materials that they may otherwise not have access to.
- Many of our projects are accredited so that children can demonstrate their achievements through qualifications.
- Workshops are designed to nurture talent and develop life-long interests in the benefits of taking part in creative activities.
- We work with children to realise what their potential can be.
- We develop children's cultural capital by broadening their horizons to new experiences and new places.



Article 31

Your right to relax and play.

- Children are supported and encouraged to take part in creative activities.
- A range of art forms are provided including visual arts, performance, music, digital art so that different interests are accommodated.
- We promote access to a wide range of cultural activities to the children we work with.
- We build relaxation techniques into delivery to allow children to develop self-regulation strategies.
- We create an environment that encourages children to recognise and nurture their hidden talents.
- We design the spaces we use as safe environments for children to play.
- Our staff model the benefits of having fun and playing to the children we work with and live by our core value of FUN. We use creativity as a positive outlet for expression ourselves.

How our work contributes to the wellbeing of children and young people in Scotland:

- There is strong evidence to demonstrate the benefits that therapeutic creative activities have on mental wellbeing.
- Impact Arts records changes to the wellbeing of children taking part in projects by measuring against SHANARRI indicators.
- We aim engage approximately 2000 children and young people from up to 10 local authorities in our ongoing projects each year

How our work affects the implementation of the UNCRC in Scotland:

- All staff will receive training in evaluating and recording this impact so that comprehensive data can be passed to Scottish Government for reporting purposes.
- Impacts are reported to Scottish Government via our CashBack for Communities reporting, who will use this to inform and report on work taking place to implement UNCRC in Scotland.
- We review our CRWIA on an annual basis.

How we gather our evidence & what it tells us:

Evidence:

- Children & young people surveys and vox pops.
- In person consultation with children & young people in workshops.
- Consultation with Impact Arts' staff.
- Reviewing outcomes and evaluation of previous Impact Arts' delivery.

This tells us that Impact Arts' Projects:

- Improves the confidence of children & young people
- Improves children's resilience & coping skills

Date of last review: May 2025

Date of next review: May 2026



- Enhances children & young people's wellbeing (SHANARRI)
- Supports young people to make positive progressions in their lives
- Encourages young people to contribute positively to their local communities
- Supports young people to increase their skills, evidenced through accreditations
- Increases positive behaviours in children and young people (and reduces involvement in anti-social behaviour)
- Builds healthy relationships and family bonds supporting nurturing environments for children to grow

How we involve children & young people:

We have involved children & young people in the development of Impact Arts' work in the following ways:

- Young people are surveyed on their views on our services at least four times a year.
- Our Sketchy Youths Steering Group are consulted regularly on service design.
- Case studies are collated and evaluated.
- Interviews with young people take place to ascertain their views on key topics.
- Staff are given time together to review the collected thoughts and feedback to ensure it is embedded in our planning.

Consultation with Stakeholders:

Consultation with staff delivering work with children and young people highlighted some of the ways that we embed children’s rights across our organisation:

