

IMPACT ARTS:

Annual Report

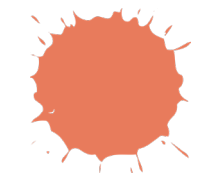
2022



Contents:



Tenancy Sustainment



Connecting Artists With Communities



Improving Mental Health



Increasing Ambition



Children & Families



Older People



Tenancy Sustainment

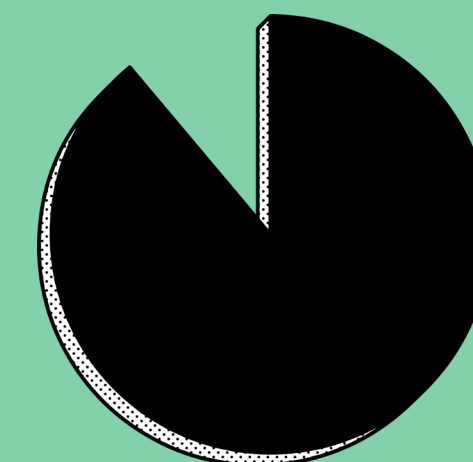
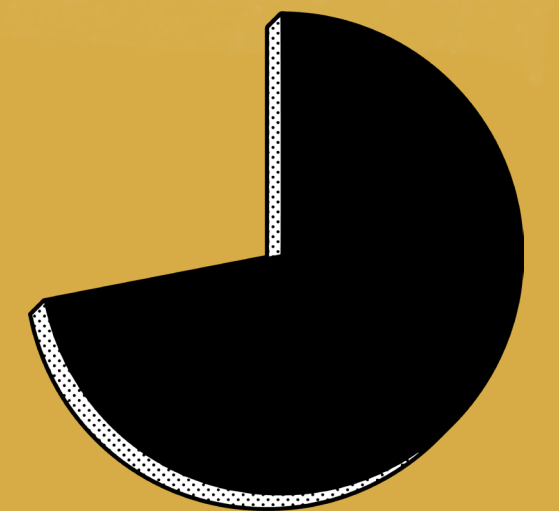


Make It Your Own helps people who have been homeless or are at risk of becoming homeless, including care experienced young people.

"I was scared to live in my home. Now, I finally feel like I will be able to settle there over time."

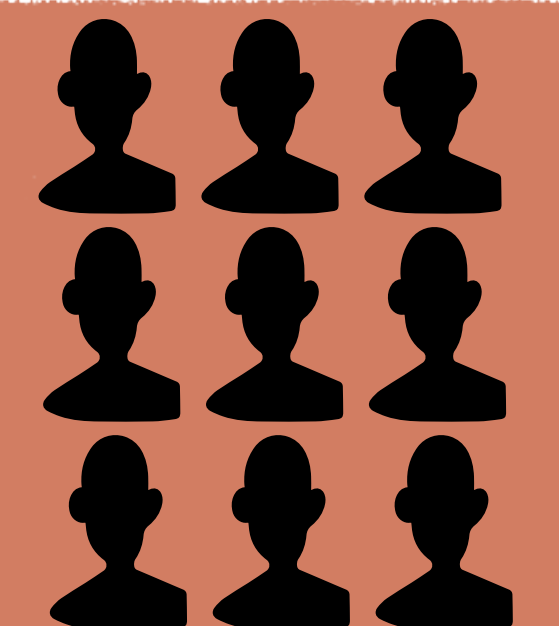
- MIYO Participant.

72% of participants
reported increased
wellbeing



89% reported
increased tenancy
sustainment skills

92 people supported
to sustain their
tenancies



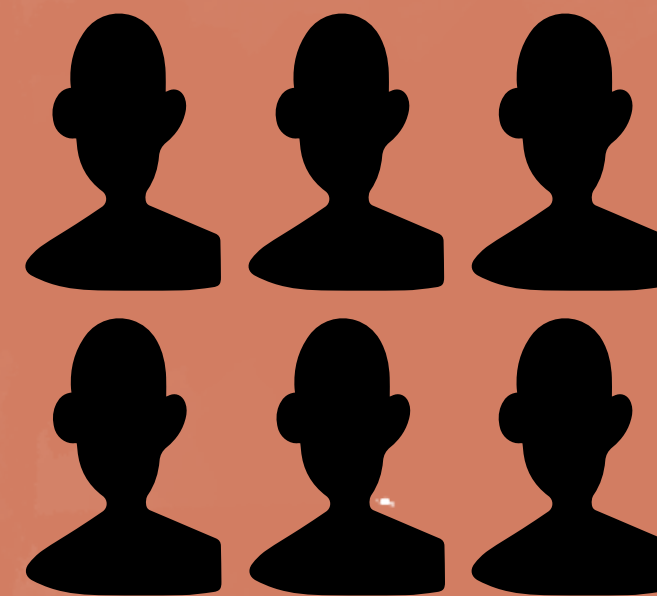
Connecting Artists with Communities



20 artists took part in our comprehensive training & mentoring programme for unemployed artists.

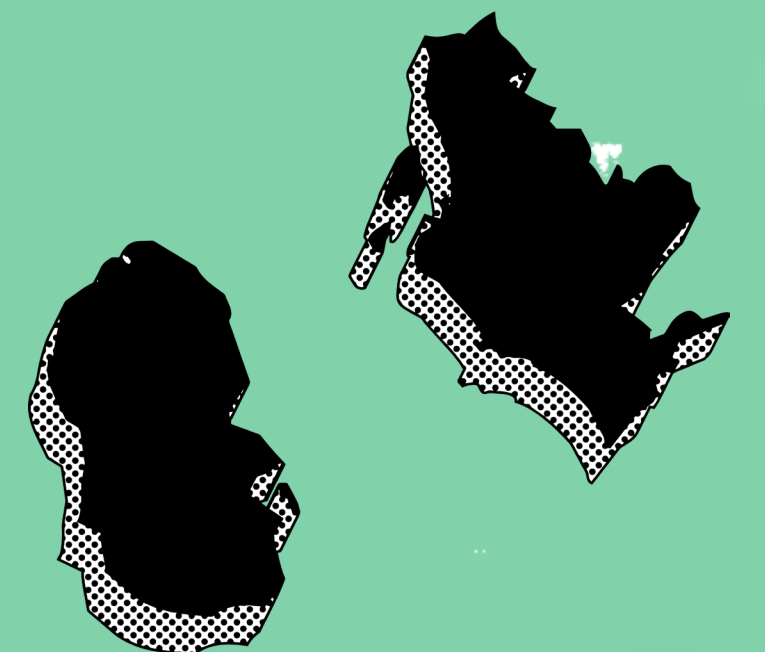
"It has made a huge impact on my career prospects as I didn't have any experience of the arts sector at all. I feel much more confident... I feel that I can do this now!"

- Artists Mentoring Participant.



Our Artists' Mentoring Programme worked with over **600 people** in the community

and delivered **19 projects** with **13 partners across North Ayrshire**



Improving Mental Health



Our project, CoCo, delivers music workshops for young offenders aged 16-21 in HMYOI Polmont's Performing Arts space.

"It's not even about the music for me or the performing, it's just having a way to get out how I'm feeling and what I'm going through in a more positive way that won't get me into trouble. It's some buzz, it's a good laugh. I love coming here!"

- CoCo participant, HMYOI Polmont.



111 young people in HMYOI Polmont took part in our CoCo music making and song writing workshops

100% of young people who took part in our programmes wanted to return for another block of workshops



Increasing Ambition



"I have enjoyed being in an environment that allows you to be creative. I have also enjoyed the feeling of achievement that I could never get at school"

– Creative Pathways participant.



470 positive progressions from youth employability projects and **354 SQAs achieved**

We deliver projects that aim to **remove barriers, increase attainment** and **deliver work experience** for young people



93% of participants would recommend an Impact Arts project to a friend

87% of our 2021/22 CashBack programme participants showed improved confidence



Children & Families

Be Yourself



We worked with 207 children and families through our art therapy and therapeutic services.

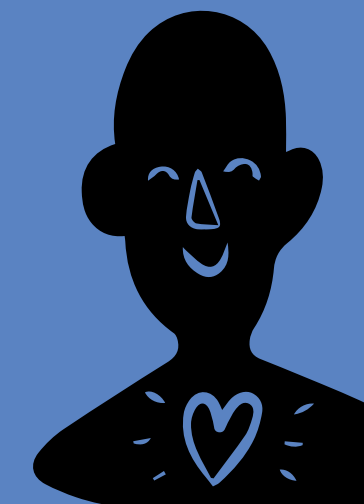
"It's important to me because if I didn't come to the sessions, I wouldn't have many ways to get rid of stress and problems."

- Art Therapy Participant.



90% children reported improved coping skills

70% of children reported improved family relationships



90% of children reported improved confidence and self-esteem

Older People



Our Craft Cafés tackle isolation in older people – we run a community project in Govan, and care home based projects in Edinburgh.

"I find hope being around all of you and talking."
– Craft Café Govan member.



158 older people took part in our Craft Cafe programmes

70% of members reported feeling less isolated as a result

