

Children's Rights and Wellbeing Impact Assessment (CRWIA)

Project name: CashBack to the Future

Date of CRWIA: January 2022

Date for Review: January 2023

Summary of Project:

CashBack to the Future connects 12-19 year olds, with high quality, fun and varied creative learning opportunities delivered year round via local hubs and an intensive 4 week summer programme. Led by specialist participatory-arts tutors this diversionary project provides wrap-around support via a dedicated youth worker who focuses on wellbeing and resilience and our Opportunities team who support the young people to create and progress along individualised development plans.

The UNCRC General Principles are overarching Articles that apply to all work with children:

Article 2

All children have these rights no matter what.

Article 3

Everyone who works with children should always do what is best for each child.

Article 6

You have the right to life and to grow up to be healthy.

Article 12

Your right to say what you think should happen and be listened to.

1. Which UNCRC Articles are of relevance to this project?

We have identified the following specific Articles as being of particular relevance to CashBack to the Future:

Article 12

Your right to say what you think should happen and be listened to.

Article 13

Your right to freedom of expression

Article 15

Your right to meet with friends and join groups and clubs.

Article 29

Your right to an education that develops your personality and talents.

Article 31

Your right to relax and play.

2. What impact will the project have on children's rights?

CashBack to the Future will have the following positive impacts on children's rights:

Article 2

All children have these rights no matter what.

- Equality and diversity are considered when designing marketing materials and plans and when delivering activities to ensure they are inclusive.
- We encourage referrals from those groups who are disengaged from other services
- We offer a full training programme for staff to ensure they are empowered to support those with disabilities.

Article 3

Everyone who works with children should always do what is best for each child.

- Our Artists and Youth Workers are trained to support children in the best way possible, creating individual goal setting plans, tailored to each child's needs and aspirations
- Our safeguarding procedures ensure children are at the heart of decision making procedures and that children's safety always comes first.
- All staff are training in our safeguarding procedures with quality support in place.

Article 6

You have the right to life and to grow up to be healthy.

- Individual plans are created for each child to ensure a person centred approach is taken to support their development.
- Healthy eating opportunities are provided and opportunities to be active outdoors, engaging with nature

Articles specific to CashBack to the Future:

Article 12

Your right to say what you think should happen and be listened to.

- Children are involved in designing and shaping services, through our Sketchy Youths Steering Group and also through a range of surveys given to all participants – past and present.
- Children taking part in CashBack to the Future are given space and time in each session to share ideas and learning and to openly feedback their views.
- One to one support is in place to give children the space to discuss their views and ideas freely so that staff can support them to engage successfully with peers in a group work setting.
- Relevant background information on children is sought at referral stage to ensure the appropriate support is in place for children.
- Creative outputs are shared so that others can learn from children's views and ideas.

Article 13

Your right to have information.

- Full information on delivery of CashBack to the Future is shared with participants so that they are clear on what they can expect from Impact Arts and what we expect from them in return.
- Discussions to raise awareness of Children's Rights are embedded into all delivery

Article 15

Your right to meet with friends and join groups and clubs.

- Children are provided with a safe and nurturing space to meet with others and to take part in creative activities
- Flexible models for engagement are built into our project design e.g. virtual sessions, sessions running at different times of the day and times of the year, as well as face to face group sessions to remove barriers to taking part

Article 29

Your right to become the best that you can be.

- All CashBack to the Future activities are free to attend and all resources required are provided for children, including food and travel
- Our projects are accredited so that children can demonstrate their achievements through qualifications
- Workshops are designed to nurture talent and develop life-long interests in the benefits of taking part in creative activities

Article 31

Your right to relax and play.

- Children are supported and encouraged to take part in creative activities.
- A range of art forms are provided including visual arts, performance, music, digital art so that different interests are accommodated.

3. Will there be different impacts on different groups of children and young people?

- Our virtual CashBack to the Future delivery may have different impacts to the work that is taking place face to face.
- We will consider ways in which children can share their ideas and views in a safe manner while engaging in online sessions.
- This will be of particular importance for children who have any type of learning disability and who may need additional support to engage freely and to feel safe to share their views.
- Staff will need to pay particular attention to how children in a virtual group work situation engage with each other out with this setting also.

4. How will the project contribute to the wellbeing of children and young people in Scotland?

- There is strong evidence to demonstrate the benefits that therapeutic creative activities have on mental wellbeing.
- CashBack to the Future will record changes to the wellbeing of children taking part in the project by measuring against SHANARRI indicators.
- We aim to engage 448 young people over 3 years of delivery from at least 6 local authorities

5. How will the project give better or further effect to the implementation of the UNCRC in Scotland?

- All staff will receive training in evaluating and recording this impact so that comprehensive data can be passed to Scottish Government for reporting purposes.
- Impacts are reported to Scottish Government who will use this to inform and report on work taking place to implement UNCRC in Scotland.
- We will review our CRWIA on a regular basis.

6. What evidence have you used to inform your assessment? What does it tell you?

Evidence:

- Young people surveys
- In person consultation with young people in workshops
- Consultation with Impact Arts' staff
- Reviewing outcomes and evaluation of previous years' CashBack to the Future delivery

This tells us that CashBack to the Future:

- Improves the confidence of young people
- Enhances young people's wellbeing (SHANARRI)
- Supports young people to make positive progressions in their lives
- Encourages young people to contribute positively to their local communities
- Supports young people to increase their skills, evidenced through accreditations
- Increases positive behaviours in young people (and reduces involvement in anti-social behaviour)

7. Have you consulted with relevant stakeholders?

- Consultation with all staff delivering CashBack to the Future highlighted some of the ways that we will embed children's rights in our project delivery.



8. Have you involved children and young people in the development of the project?

We have involved children & young people in the development of CashBack to the Future in the following ways:

- Young people have been surveyed on their views
- Our Sketchy Youths Steering Group are consulted regularly on service design
- Case studies have been collated and evaluated
- Interviews with young people have taken place