

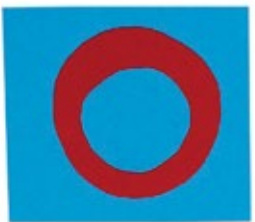
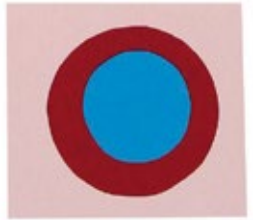
Impact Arts



THE YOUNG GALLERY

ART THERAPY PROGRAMME

For Primary School Aged Children



WHAT IS DYADIC PARENT-CHILD ART THERAPY?

Dyadic parent-child art therapy is a joined-up way of working that focuses on developing the relationship between a child and a particular caregiver or caregivers. The Art Therapist works with the child and parent/carer together in therapy at least some of the time. The composition of the Dyad will vary depending on different family structures.

RATIONALE

Dyadic Art Therapy can be helpful:

- To observe and work with the relationship between caregiver and child directly
- To facilitate joined up creative and playful activities between child and caregiver
- To enhance caregiver sensitivity/skills with their child
- To facilitate reflective discussion between child and caregiver
- To facilitate the child's engagement and make them feel safe during therapy

OUTCOMES

- Children and parents/carers affected by alcohol-related issues will have improved bonding and attachment
- Children and parents/carers will have improved health and wellbeing

REFERRAL CRITERIA

These sessions are available to children aged 5-12 and their caregivers living in the East End of Glasgow who are affected by alcohol use within their family network. Cannot be used to support recovery from addiction.

WHAT IS ART THERAPY?

A form of psychotherapy that uses art media as its primary mode of communication and expression. Within this context, art is not used as a diagnostic tool but as a medium to address emotional issues which may be confusing and distressing. – British Association of Art Therapists.

HOW ART THERAPISTS WORK

Art Therapists aim to provide a supportive, safe and therapeutic environment which encourages the development of co-operative and trusting therapeutic relationships. Children and their caregivers do not need to be good at art to benefit from art therapy. Art therapists work to support them to use art materials if they are unsure how to begin.

Art Therapists will complete an assessment prior to any clients commencing therapy. The Art Therapy process is reviewed every 6 weeks. Psychlops and kids' psychlops are self-completed by caregiver and child respectively. Art Therapists will also complete outcomes measures i.e. Honosca, C.O.R.E. Change can therefore be measured throughout the process of therapy.

CONFIDENTIALITY

We offer all families an assurance that Art Therapy sessions are confidential which means that everything discussed with Art Therapists and Impact Arts' Programme Manager for Art Therapy Service will be treated in the strictest confidence.

SHARING INFORMATION

As an organisation, we are committed to the safety and wellbeing of everyone we work with, and in the event we have concerns regarding a child's safety, relevant information may need to be shared with statutory services to safe guard wellbeing of the child.

HCPC & BAAT REGISTRATION

Art Therapists are registered and regulated by the Health and Care Professions Council and The British Association of Art Therapists. Art Therapists adhere to HCPC and BAAT code of ethics and the supporting Principles of Professional Practice and Guidelines.

PVG SCHEME

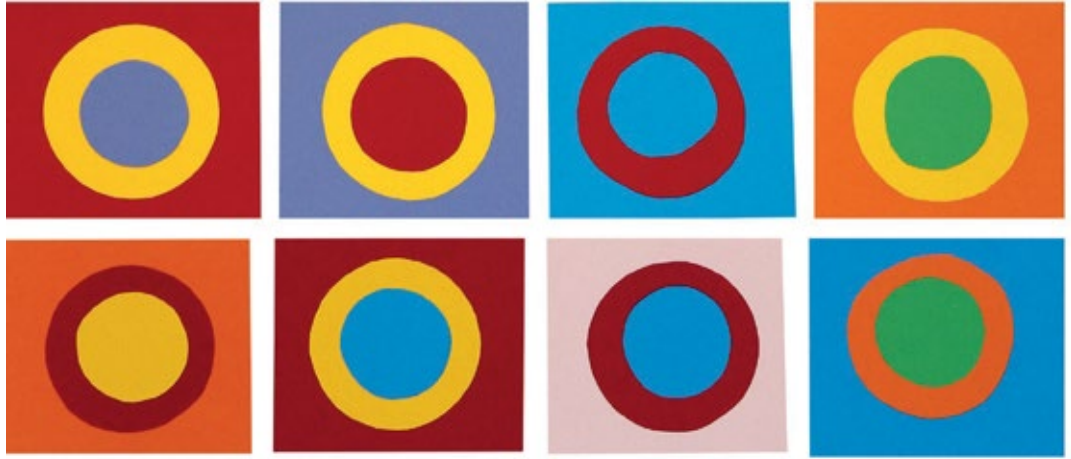
All staff recruited by Impact Arts for regulated work are required to join the PVG Scheme. Impact Arts will apply for a Scheme Record Update if the employee has already joined the PVG Scheme.

MORE INFORMATION ON ART THERAPY

The British Association of Art Therapists Website.

WHERE WILL ART THERAPY SESSIONS TAKE PLACE?

Therapy sessions are based at Impact Arts' main premises in Glasgow at The Factory, 319 Craigpark Drive, Dennistoun, G31 2TB. However, arrangements can be made with referring agencies to base therapy sessions at other locations, as long as they meet with the criteria required to ensure the ongoing health and safety of the child.



HOW DO I MAKE A REFERRAL TO THIS PROJECT?

A detailed referral should be made on the pro-forma which can be issued on request by Impact Arts and sent via email. Once the referral is received it will be screened for suitability and you will be contacted to discuss the referral in more detail. If therapy is a suitable intervention for the child, Impact Arts will arrange an initial session.

WHO SHOULD I CONTACT?

Alison Peebles, Art Therapist/Co-ordinator

alison.peebles@impactarts.co.uk

0141 575 3001

Funded by:

